

Dars (on Page 148): The authorization of al-Habib نفعنا بالله to recite “Yaa Latif” and “Yaa Hafiz”

He (my shaykh) said, may Allah be pleased with him.

Authorization (permission) is a blessing, a great treasure between the Awliya’ (Friends of Allah) and the good people. Its meaning is: establishment of the thing in human beings and the exchange of mysteries (secrets) among the chosen ones. He gives a secret, and you are given a secret, and it is witnessed for you, and it is witnessed for him. This is the meaning of authorization in the awraad (regular voluntary invocations) and in the adhkaar (recitations to remember Allah ﷻ) and in good deeds and in the spiritual path, and in all things that bring you close to Allah ﷻ.

Our pious predecessors have advised us to recite two of the Asma’ Allah al-Husna (the Most Beautiful Names of Allah ﷻ). They are: “Yaa Latif” (O The Subtly Gentle) 139 times, and “Yaa Hafiz” (O The Preserver) 100 times. In these two Names there is safety against mischief, and safety against the devil, and safety from the ruler, and safety from all trials. And with it, there is preservation of your good deeds and faith. The result is a combination of the means of protection and safety. We have obtained it from our pious predecessors and have practiced it. And I am authorizing it to you, you and your children.

Then my master supplicated to Allah ﷻ and recited Surah al-Fatiha at the end.