

## **Dars (on Page 170): Strengthen Yaqin (Certitude) through the Qur'an, Ahadith and the Sayings of the Pious Predecessors**

In the words of my master, my grandfather نفعنا به الله, when he explained about yaqin (certitude) as he recited Risalat u'l-Mu'awanah (The Book of Assistance) of Imam al-Haddad نفعنا به الله (by way of sharh, further elucidation). This was in the month of Ramadan in Masjid ash-Shaykh Jundan (in Mombasa) in 1410 A.H. He said, may Allah be pleased with him.

Everyone is in need of certitude and everyone is in need of safety and everyone needs to become truly a believer. To have certitude is a great wish and a great attraction and a great treasure. Certitude is like the faith. And it increases through various means. And every time it increases, it increases the bounty, and increases the spiritual unveiling. In summary, the means which strengthen certitude in the heart are for a person to listen, and to pay attention with his heart to the invitation to the verses of the Qur'an that he has received, and the narrations about the Prophet, may Allah bless him, that guide to the Majesty of Allah, the Exalted, and His Perfection, and His Magnificence, and His Greatness. And these have been mentioned many times in the Qur'an and in the Ahadith. For this reason you recite the Qur'an and listen to it, and listen to the Sayings of the Prophetic Messenger ﷺ and the talks of the pious predecessors which strengthen and increase certitude and the light in the heart. And if the light of certitude increases in the heart, the person is at peace.

So a person should get his share of listening to and reciting the verses of the Qur'an and the Sayings of the Prophetic Messenger of Allah, may the blessings and salutations of Allah be upon him, as well as what the pious predecessor have said. In this way, his certitude is increased.

As for the one who is far away from the gatherings (of dhikr) and from the Qur'an and what is in it, and from the Ahadith and what is in them of the wisdom and exhortations, his heart becomes hard. It has no certitude. His heart becomes dark.

So in gatherings such as these, by the Grace of Allah ﷻ, your heart obtains the strength of certitude. You hear in them Verses, you hear in them Ahadith.

The second reason from the matters which strengthen certitude in the heart is that you see with the eye of respect and it is spiritual inner sight and esteeming what is in the Heavenly Kingdom and the earth; the heaven with the constellation of stars, and the earth with paths and what is in it of amazing things and marvels, and things running in an orderly way. And Who runs them? And which Ruler and which Wisdom runs it? There are many verses about this. There are no verses or Surahs except that they make you look at the creations of Allah ﷻ with respect and His Wisdom in bringing them to existence. For example, in Surah 'Ammah (an-Naba'), Allah ﷻ relates to us some of His signs and marvels.

Allah ﷻ says:

**Alam Naj'ali'l arda mihada**

Have we not made the earth as a bed? (78:6)

The earth on which we walk, go around and pray Salah. If all of it was set up as a mountain? However, it has been spread out as a mat, for rest and to build upon.

### **Wa'l jibala awtada**

And the mountains as (its) pegs? (78:7)

That is pegs on the spread out earth, as the whole earth is a star from the stars. However, it is a star which is kept in order and leveled. And with that, it rotates. And the rotations give it a tilt. So our Lord had anchored it and stabilized it with mountains.

### **Wa alqaa fi'l ardi rawasiya on tamida bikum**

And He (Allah ﷻ) has affixed firm anchors (mountains) in the earth so that it may not shake with you. (16:15)

In general, He made mountains in every place to give firmness to the earth in its rotations and turns.

### **Wa Khalaqnaakum azwaja**

And We have created you in pairs. (78:8)

From male and female. If He had created only one type, only a man would have remained without a woman, or only a woman without a man. However, he created them for reproduction in existence. And there is nothing except that it has its opposite. He created the female to find with her procreation, acquaintance, and lineage, and cohabitation, and tribes and kinsfolk. If there was one type, men only, how could the benefits from having women have come about? And if He had created women only, how could the benefits of having men have come about? Everyone has been assigned a duty. Men have been assigned their duties and women have been assigned their duties.

### **Wa Ja'alna nawmakum subata**

And We have made your sleep for rest. (78:9)

As-subat (rest) means removing the burdens and the loads of two days. So Allah ﷻ in His Mercy has made us sleep to rest the limbs and live in good health as wished.

### **Wa Ja'alna'l-layla libasa**

And We have made the night as a covering. (78:10)

He made the night as a covering to pass (over) the whole world and on the side of the earth, and on the people and the animals and on everything. Its covering is with black clothing. So the wild animals return to their caves, and the birds to their nests, and the children of Adam to their homes. And the night covers all of them and they are enveloped in it. And no one can be independent of the night. It is important as it cools and darkens.

### **Wa Ja'alna'n nahara ma'asha**

And We have made the day for livelihood. (78:11)

He opens brightness for them in the day so they find livelihood and live their life.

### **Wa Banaynaa fawqakum sab'an shidaada**

And We have built above you seven strong (heavens). (78:12)

My God made heaven upon heaven. No one knows about it except Allah ﷻ. And we depend upon the heaven. The whole of this earth is in need of the heaven. And its affairs are not established except by the heaven. Its rain is from the heaven, and its brightness is from the heaven, and its provision is from the heaven. And how many are the winds and how many are the rains and all of them are from heaven. Allah ﷻ made the heaven above us so that we are established in a place. For comparison, if a person has a roof in his house, his mind is at rest. And in the same way, if you look at the seven layers and the shining stars, and amazing proud colours, and amazing architectural engineering.

### **Wa Ja'alnaa sijaran wahhaja**

And We have set therein a shining lamp. (78:13)

The lamp is the sun. Al-Wahhaj is the bursting brightness to spread over the whole world. And when the shining lamp comes, all other lamps become worthless. No light bulb or lamp (is needed). In the morning, all the lamps are put out. What is the thing that gives it light? Is it petrol or gas? **Allah is the Light of the heavens and the earth.** (24:35) Allah ﷻ is the One Who illumines like that.

The sun comes out every morning carrying its brightness. It is not only a lamp, nor is its brightness the only thing, but its heat benefits the flowers, its heat benefits the fruits, its heat kills microbes, its heat kills germs. How many are the benefits of the sun? And with all that is its great benefit of the brightness.

### **Wa Anzalna mina'l-mu'sirati maa'an thajjaaja**

And We cause the clouds to rain abundant water. (78:14)

Al-mu'sirat means the cloud that is full of rain water just like the woman at the time of child birth.

The first thing that appears is a small cloud. When there a few, they appear black. Some of the clouds that are full of rain water are within one another. When the cloud is full of water, it rains. And the water is from the sea. Some scholars have said that these are the seas up above. And **thajjaaja** means it does not pour all at once. If all the rain water poured all at once, it would drown the world. However, it comes drop by drop with His Wisdom, the Glorified and Exalted.

And what is the benefit of this rain?

### **Li Nukhrija bihi habban wa nabaataa**

### **Wa jannaatin alfaafaa**

That We may cause to bring forth thereby corn and vegetation.  
And thick gardens of luxurious growth. (78:15-16)

So this Surah (an-Naba') has gathered for us news about this world, and news about life, and news about the Hereafter and news about the life to come. For this reason, looking and contemplating about the signs of Allah ﷻ, strengthens faith and certitude in the heart. And the Qur'an is an ocean.

Alaa innahu'l bahrul muhitu wa ghayruhu  
mina'l kutbi anharun tamuddu mina'l bahri

Indeed it (the Qur'an) is an encircling ocean and the other books are rivers that need help from this ocean.

O Allah! Make us benefit from the Qur'an and give us an understanding of the mysteries of the Qur'an and make the meanings of the Qur'an strengthen certitude in our hearts. Till the end of the supplication of my master, and he recited Surah al-Fatiha at the end.